

## **Om Namah Shivaya**

The Teachings are on two pages. This is the second. [Click here](#) for the first part.

16 AUGUST 1983  
(Morning, at the Moksha Dham Dhuni)

Today is a very auspicious day. Today is a very happy day, a day of rejoicing. You are all assembled at the foothills of the Himalayas where the sacred river Gautama Ganga flows. On its banks is this beautiful garden. You are standing here by this beautiful natural spot of overhanging rock covered with abundant green. The splendor of this place is indescribable, as is the splendour of the sanctuary on Mount Kailash. This rock looks so beautiful with the green of foliage and creepers - you can even see the tail end of Hanuman in it (at this point Babaji pointed out some russet colored moss on the rock to Har Govind Baba).

Those of you here today are the most fortunate people in this world! Where you are standing is a most unique spot of spiritual sadhana. Even (the snake with a thousand heads and mouths, upholding the earth) is unable to speak of the greatness and sanctity of this place. Lord Brahma cannot describe its greatness and sanctity either; nor Lord Vishnu with the assemblage of all the Gods and Goddesses.

In the name of Lord Rama, this place has been created solely for the benefit of humanity. It is an outstanding phenomenon, a miracle and a wonder of this world. The sun, moon and all the galaxies of stars are forever ready to serve it. I hope that in future this phenomenon of Divine creation will bear great fruit. In the name of Lord Rama, here a yearly celebration will be held on 16th August, commemorating it as a place of divine manifestation. Here is the birthplace of all yogis and the deity of yogis, as the source of their inspiration, and their goal, resides here. Mahadeva had once told Lord Rama this fact - that this site is the remover of all ills and the giver of all heavenly joys.

In the name of Lord Rama, the sages/munis of this Age have shown great self-sacrifice in order to build this place. In the name of Lord Rama, just as Pramodavan was the beautiful garden of Lord Rama in Ayodhya, so this is the beautiful garden of Lord Shiva. Its name is "Nadan Van." This divine manifestation, this garden, is not of an ordinary type. It has come into being through the sweat and blood of all devotees. That is why it is so beautifully.

Today is a very happy day. It is a day of great peace and welfare for mankind. Today is an auspicious day. It is "Mangalvar" ("Mangal," auspicious - Tuesday).

I have told you that I will bring heaven down to earth and today you all are eyewitnesses to this fact. In the name of Lord Rama, I have told Hargovind Baba many times that I shall make Switzerland and Sweden here. In the name of Lord Rama, now you can see the verdure all around. That the place is what you can see today is due to those who have done penance here. In the name of Lord Rama, what is here today is the outcome of your hard labor and sadhana, of your winning the challenge. Nature posed to you - you have conquered Nature and have created this beautiful garden.

In the name of Lord Rama, Mahaprabhuji has given a boon to this place that whosoever drinks the holy water of "Ram-Dhara" and whoever comes to have Darshan of the dhuni, takes vibhuti (sacred ash) and performs any spiritual practice here, will have the guarantee of being liberated. This has become a written code. This is what Mahaprabhuji tells you. That is why it is called "Moksh Dham" - liberation sanctuary. It is a manifestation of Lord Rama and a center of pilgrimage. It is the entrance door to the Lord. Lakshmana (Rama's younger brother) has been

here and so has Sheshnag. In the name of Lord Rama, now I teach this to you - all of you make progress obeying orders and following spiritual discipline.

JAI MAHAMAYA KI JAI!

This is the dhuni of the Mother Goddess. It is Her actual form. The octagonal shape reflects Her eight arms. Here auspicious chanting to the accompaniment of musical instruments takes place as though heavenly musicians (Gandharvas) had descended.

Today is a very auspicious constellation of stars. Today is Bhaumashami - the eighth day of the Lunar month, coinciding with a Tuesday; the last time this occurred was a hundred years ago. During the time of the Pandavas, the princely heroes of the Mahabharata during the time of Lord Krishna, they were waiting for somvatiamavasya, the dark moon day coinciding with Monday. But it did not occur and the brothers were liberated only after much suffering, climbing to the Himalayas, where they died.

Today is a great constellation of stars. In the "Durga Sapt Shati" (seven hundred verses in praise of the Goddess Durga), it is written that on Bhaumashami all one's desires will be fulfilled.

Now, let the auspicious instruments sound again. (Babaji was inviting the bagpiper and drummer who were present to play.)

JAI MAHAMAYA KI JAI!  
17 AUGUST 1983

Babaji speaks, Shastriji repeats; morning Darshan, after the Yagna (fire ceremony) celebrating the completion of the Parthiv Puja

The Parthiv Puja, which has been celebrated here [for the past 21 days], has now been completed. It was due to your devotion and effort that this sacred ceremony could be accomplished. On this holy occasion, Mahaprabhuji blesses you with His whole being.

In the name of Lord Rama, you are all sitting at the foothills of the Himalayas. By merely sitting here, you are reaping the results of hundreds of lifetimes of penance; by having the Darshan of the dhuni, by applying vibuthi, you are receiving blessings automatically.

JAI MAHAMAYA KI JAI!  
17 AUGUST 1983

Evening

From tomorrow morning, Anushtan Puja for the Haidakhandeshwari Devi (the repetition of 1008 times of the "Haidakhandeshwari Sapt Shati," 700 verses in praise of the Haidakhandeshwari Mataji, written by Vishnudatt Shastriji) will take place in the Dhuni. Everyone should participate morning and evening. Just as you go to the temples, everyone should go to the dhuni to meditate and do japa there.

Still, the main importance must be given to Karma Yoga. Without Karma Yoga it is not possible to progress in life - not only to achieve material progress; Karma Yoga is essential for spiritual perfection, as well. I consider an inactive man a dead man. Only through Karma Yoga can you advance in your life; your heart becomes purified, your thinking will be good. Karma Yoga is also beneficial for your health; you will sleep well and have good appetite. A man with good appetite and sound sleep is always a healthy man and with good health he can achieve anything in life.

I have told you before that there are many kinds of Yoga, but Karma Yoga is of supreme importance. Karma Yoga must come first, then others types of Yoga can be added. In the name of Lord Rama, advance and progress through Karma Yoga.

Since the time of Lord Rama and Lord Krishna many scriptures have come into being. They all describe the significance of Karma Yoga and teach its greatness. Christ was a Karma Yogi and the prophet Mohammed followed the path of Karma Yoga. All the Great Ones who have come advanced through Karma Yoga. "Phuro - be inspired!" All of you! In the name of Lord Rama, Karma Yoga teaches you to lead a true life. Only Karma Yoga is able to transform the world. Inaction is the cause of pain and all troubles.

In the name of Lord Rama, Stalin, Mussolini, Hitler, all brought revolution by Karma. Whatever they achieved, they did through Karma - through one-pointed action. The world trembled by the impact of their action; they changed the world. In the name of Lord Rama, Karma Yoga gives immediate results.

Has any great publicity been made in all these years in the media about what is happening here? Yet, by the power of Karma, the whole world, the whole of creation, comes rushing here, like being blown in by a great storm. In the name of Lord Rama, I have told you many times that karma Yoga is supreme and, through it, I will bring the Revolution to the world. I have also told you many times that Karma Yoga is the highest thing. And I have told you many times "PHURO - be inspired!" This Revolution will be so fierce that it will melt the hearts of men. This Revolution will annihilate the trees and leaves in the world, as the result of nuclear destruction. In the name of Lord Rama, I have taught you this lesson of Karma Yoga many times. Through every means we will try to progress through Karma. All will be done.

Concentrate energy, conserve it. Don't waste anything, use it only when needed.

Awake! Arise!

Go to the wise and gain knowledge!

Realize the Self!

Be of firm determination - fully concentrated - achieve your goal!

In the name of Lord Rama, everything is present in this world, but the luckless ones - those without Karma - get nothing.

What I am telling you are all "phuro-mantras" - mantras to be inspired by! In the name of Lord Rama, inspiring words are eternal; the physical body will go, it is perishable. For the sake of Lord Rama, there are people who are "nine less than a hundred" and there are those who are "nine more than a hundred" (an Indian proverb which means that there are all sorts of people in the world). The same goes for people's ages; there are people of all ages. For the sake of Lord Rama, today I will close here.

20 AUGUST 1983

Evening

It is very necessary for us to be strong. If we are economically strong, we can even bring here the power that was the Union Jack's (the English flag that conquered India). We will be able to wave the flag of Hairakhan Vishwa Mahadham throughout the world, as once the Union Jack flew. By their knowledge, yogis will be able to defy all weapons and bombs. "PHURO! Be inspired!"

We must go ahead and progress. Don't lag behind. In whatever condition or position you find yourself, always go forward. Go ahead! Go ahead! Advance with courage! Don't think that we will remain always in darkness and obscurity; like a frog from a deep well, come out and walk ahead!

Nature and the elements are now in our favor. Whenever you will face a challenge, you will win it. Now the sounds of victory can already be heard. The kingdom that will come now will be a religious kingdom. There will be high morals.

At every crossroads, bells will be hung, and if anyone is in trouble he may go and ring them and he will receive justice. I will root out all fear from the world. I will give the boon of fearlessness to all. I will stop the use of all weapons. The disarmament campaign will become greatly strengthened. World leaders are now only talking about this but I will show you disarmament in practice. "PHURO! Be inspired!" In the name of the Lord - Advance!

21 AUGUST 1983

In the name of Lord Rama, PHURO! Be inspired! You all have to go forward. You can only progress through Karma - action. You all have to perform "Sat-Karmas - good, merciful, charitable actions." "Akarma" (inaction) is the worst thing in this world. If you want to live a true life, you have to be active and hardworking. You can become an emperor of this world by hard work. Victory is yours by hard work.

All you monkeys and bears! Lord Rama conquered Lanka with the help of hardworking monkeys. You monkeys! Only wagging your tails won't be enough! You will have to do something practical, something useful. Babaji says you must work hard and put things into practice. Teach these things to others, too. First, be inspired yourselves; then inspire others with this message of Karma.

"Ishvarovacha" - Lord Ishwara (i.e. God) tells you: "PHURO! Be inspired!"

What you just heard were full, potent mantras.

JAI MAHAMAYA KI JAI!

21 AUGUST 1983

PHURO! Be inspired! In the name of the Lord, this is a full mantra; "Thus spake the Lord." And what is it He is saying? He says:

"The Word is eternal; the material body is perishable."

For the sake of the Lord, I have been talking to you hourly. Be inspired!

The problem is one which affects the whole universe. Now the problem of the universe stands facing Me. It is not the problem of one caste or creed, but all living beings of this creation. It is the problem of the 8.4 million species of sentient beings. In the name of Lord Rama, it is not only the problem of all sentient, but also of all insentient beings. The task now before Me is to make the goat and the lion drink from the same water source.

The concept of violence should be understood like this: those who are nonviolent should have no part in violence. For the sake of Lord Rama, I want to establish peace in the world. PHURO! These inspiring words will bring peace to the world. PHURO in itself is a complete mantra.

"Ishvarovacha" "Thus spake the Lord"

JAI MAHAMAYA KI JAI!

23 AUGUST 1983

(Shri Babaji gave an interview to an American journalist) "This is the time of Karma Yoga. It is the method for realization in this Age. Now I want Karma Yoga.

"A great Revolution shall come to the world. Destruction is a most necessary aspect of creation. At all times, peace was established only after revolution. For many Yugas, the earth has been crying out for blood. The whole earth has to be bathed in blood at least once. This desire of the earth will be fulfilled. The Revolution will come quickly, in seconds, and spread everywhere.

"Courage is necessary. I want to root out idleness and create a world of brave, intelligent beings."

When asked whether it was necessary for everyone who was open to Him and His message to come to Haidakhan, Shri Babaji replied equally, "No." "but," he said, "world leaders will have to come here. It is compulsory. When Krishna went into battle, all the leaders of the time came, too, to join Him on the battlefield of Kurukshetra.

"My message will reach into the depth of the sea and into the heights of the sky. All modern weapons, atom bombs and arms, are ineffective against Mahaprabhuji's message and power. The Message that came from a cave in the Himalayas has now come out into the world at large.

"No power in the world can stop the Revolution coming now."

When asked whether He is satisfied with the way His message is being spread in the West, particularly in the USA, Shri Babaji replied, "I am beyond satisfaction and dissatisfaction. What I want is Karma Yoga!"

26 AUGUST 1983

The Sanatana Dharma is the universal Law/Religion - eternal, without beginning, without end. No one knows when it came into being - no one knows how long it will exist.

Hourly, I am speaking to you.

The Sanatana Dharma is the king of all religions. At the beginning of Creation it was the only religion and at the end of Creation it will be the only religion. Santana Dharma is like an ocean; other Dharmas are like rivers - eventually they all merge into the Sanatana Dharma. They will lose their separate existence.

This is a "Phuro Mantra" - "Pinda Kacha Shabda Sacha." The body is perishable, the Word is eternal.

JAI MAHAMAYA KI JAI!

31 AUGUST 1983

Today's festival (Lord Krishna's birthday) will be celebrated in a great, inspired way. Mahaprabhuji says, I want to congratulate you all on this sacred occasion. For the sake of Lord Rama, may you all be happy today. (Babaji then congratulated everyone on behalf of Shri Mahamuniraji, who was also present for the occasion.)

On this auspicious day, one of the greatest revolutionaries of all times was born. He called together 18,000 battalions of horsemen from all parts of India. For the sake of righteousness, a fierce battle was fought at Kurukshetra, with great bloodshed. Today we commemorate the birthday of this revolutionary. Let it be an inspiration to all of us.

Krishna was also the one who gave to the world the message of the "Bhagavad Gita," which still today inspires millions of people. On this day He incarnated to lighten the burden of bad karmas of men. The earth was laboring under its burden of bad karmas of men. (Shri Babaji then praised Jaimalji for his great services as a Karma Yogi, saying that he will be an example to be followed by many generations to come.)

JAI MAHAMAYA KI JAI!

31 AUGUST 1983

Babaji speaks, Shastriji repeats; after the Yagna (fire ceremony)

For the sake of Lord Rama, the auspicious Yagna ceremony has been completed today. This religious ceremony has been performed for the welfare of the whole world. Since Mahaprabhuji's appearance until now whatever has been undertaken here has been done for the well being of man. For the sake of Man's salvation the mantra "PHURO!" has been newly created. The readings of the "Haidakhandi Sapt Shati" were done solely for the purpose of serving the welfare of the universe.

One day, the religious ceremonies performed here will attract such crowds that the queues will reach as far as Bareilly, Rampur, and Bhowali. People will rush to come here; even the very rich.

The fact is "PHURO!" Everything in this world is "PHURO" transient. It has no reality. True reality is to proceed on the path of truth, to keep the company of saintly people, and to render service to men. The fact is "PHURO!"; this world is transient.

JAI MAHAMAYA KI JAI!

31 AUGUST 1983

At the Dhuni

Today you are all present here by this natural cave of overhanging rock of Mount Kailash (i.e., on the terrace outside the dhuni building). You are all blessed to be present in this great pilgrim center, at the Court of the actual Kailash Mahadham. Here, only those can live and are living who are very fortunate in this world. How can unlucky people live here? Those who have impurity in them, not even their shadow can come near this place, because this is a sacred, divine center. Here only heavenly beings can reside. For the sake of Lord Rama, continue to sing bhajans, to meditate, to pray.

All of you can see for yourselves how nature has formed this cave of overhanging rock in such a beautiful way. It is covered with the abundant green of leaves and creepers. This is a great universal pilgrim center. Now it is the auspicious morning time. It is 9:30 a.m. How beautifully the bagpipes are sounding! How colorful the garden is round about, where Lord Shiva's attendants are standing - like Majoor-das, in name and form a genuine Ghana. Har Govind is here, like Kartikeya (Shiva's eldest son) and Shastriji is standing here like Lord Brahma, the Creator. You are all Rishis of ancient times, residents of this divine sacred center. You all don't know yourselves. You don't know your own greatness - like Hanuman who did not know His own greatness; He had to be reminded of it.

Wealth, kith and kin, and good fortune, sinners, even prostitutes can have; but the company of great saints and the knowledge of the Lord's name are difficult things to obtain. Only great men have these. This is what Tulsidas has said.

Congratulations to you all on this holy, auspicious day! Can you see how nature has spread a beautiful veil of clouds over the sun? It is neither too hot, nor does it rain. Even nature works in favor of today's auspicious event.

For many years now, you have been witnessing how nature is obedient to Mahaprabhuji. Even if the Sun is told to stop, it will obey. Today, you can see this fact for yourselves. Sitting here at Hairakhan, Mahaprabhuji has control over every particle of the Creation by the power of His mere wish, by His every thought. You may travel throughout the whole world, but the peace of mind which you acquire here you cannot find anywhere else. Mahaprabhuji has control over the elements, the spiritual world - to say nothing of the world of men. He is the Creator, Sustainer and Destroyer of the world. Not a single blade of grass can grow but that He wills it. He has incarnated in a human body for the welfare of mankind. His sole desire is to make it possible for the whole world to be liberated. He shall do His utmost to achieve liberation of the world.

You have come here from all parts of the world. Can you create such natural beauty as you see around you in these hills? Always, all heavenly beings - the Gods and Goddesses - are present here. They come and go. They bathe in the Gautama Ganga. Many divinities reside here permanently, not wishing to leave this place.

Be happy, all of you! May long life and prosperity be yours always!

JAI MAHAMAYA KI JAI!

(Then Babaji invited the bagpiper to play and some of the devotees to dance.)

In the Court of Mahaprabhuji, the orchestra of musicians is playing and the heavenly maidens are dancing. When there is music, song and dance, this is an ideal combination of three divine elements.

JAI MAHAMAYA KI JAI!

31 AUGUST 1983

Evening, before a playlet depicting incidents from Lord Krishna's life)

Today is the very auspicious festival of "Janmashtami" - the birthday of Lord Krishna. I have only one request to make of you all - the inhabitants of this area. Just as you have come today to attend this festival, I wish to have the pleasure of your company for other festivals, too.

You must know that by living together in a united way, anything may be achieved in this world. People in this area must become united to progress. There is great power in union. If there is unity and love among you, then only can you lead a peaceful and happy life.

We must work unitedly. We must all work together to complete our task. In this way, all work becomes easy. Through division of opinions, great kingdoms and many city states were ruined in the past; but by living in unity, ruined kingdoms have received new life. On this auspicious day, everybody should take a vow to work together in this life.

Try to develop your villages. There is a Sanskrit proverb which says that in the Kali Yuga there is power only through organized groups. We must be of firm determination to progress. Then only

success is certain. Modern man has even traveled in space; he has been to the moon and intends to visit other planets; but people in this area are where they were - they have made no progress. Now here we should make efforts to progress, as well. As in these modern times, science and technology have advanced, so we, too, should strive to advance in every way.

The first thing to do is to root out inaction. As long as you do not become great human Yogis, you can achieve nothing. Today you should all take a vow to root out idleness. Through hard work, it is possible to achieve anything in this world. You can even change creation itself. Have faith in Karma Yoga. Get peace and happiness through Karma Yoga. Idleness is the root of all misery in this world.

You must understand that future generations have to make greater progress than we have made. Make efforts so you yourselves become shining lights in future. There is one path to peace and happiness - Karma Yoga. If we are prepared to work, we can overcome pain and poverty. If there is unity among us, we can even bring down Governments.

Train your children in Karma Yoga, that they may become people of good and strong character.

JAI MAHAMAYA KI JAI!

AUGUST 1983

Shri Babaji and Shastriji comment on Detachment

One evening in August, a devotee went to Babaji and asked Him three questions concerning "detachment": What is the definition of detachment? What is it for, or to what does it lead? And, when you don't have it, how do you "practice" it?

Babaji told the devotee to ask tomorrow, so he went back to his seat.

A while later, Shastriji came out of Swamiji's room and went to touch Shri Babaji's feet. When Shastriji stood up by Babaji's side, Babaji called the devotee back. He came forward and touched Babaji's feet and Babaji told him to ask his questions of Shastriji.

The questions were repeated and Shastriji replied that detachment is knowing that the world is illusion. This did not mean much to the devotee, who felt confused and disappointed.

At this point, Shri Babaji leaned forward and entered into the conversation, saying there were many kinds of detachments, "Vairagyas." For instance, the men who invented the atom bomb were detached - they focused all their attention on one problem, forgetting everything else. The main theme, He said, is to focus your attention completely, to concentrate on your goal, whatever it is, forgetting all other things. This is renunciation. It leads to God - realization.

Shri Babaji said further, that being one-pointed is "Vairagyas." He told the devotee that he was "liberated," that he was "most detached." The devotee felt neither "liberated" nor "detached," but he touched Shri Babaji's feet and headed to his seat. Shri Babaji called him back.

Babaji reemphasized that whatever decision you make, whatever goal you set, go after it with great faith and firm determination, focused on it entirely. Babaji said that just by shaving one's head or putting on orange garb, one does not become "detached." One must have firm faith, strong will and complete concentration. The devotee again touched Shri Babaji's feet, thinking the conversation was over.

Shastriji then told him to stand up and Shastriji began to speak again. He said that Shukadeva had asked the same three questions of his father, Vyasa. Vyasa had told Shukadeva to go to King Janaka and ask him these questions. When the questions were put to him, King Janaka instructed Shukadeva to circumambulate the city of Mithila, carrying a full bowl of milk. Shukadeva was to be accompanied by two guards with bared swords and if he spilled even one drop of milk they were under orders to cut off his head.

Shukadeva was then sent on his walk, holding the very full bowl of milk. Hours later, he came back into the presence of King Janaka, who asked him what he had seen of the city. Shukadeva replied that he had not seen a thing of the city because he had focused entirely on not spilling the milk, the sword of death hanging in his mind. King Janaka then explained that this was how he had to concentrate on his goal - with complete concentration. This was "detachment" from all the things in life.

The devotee thanked Shastriji and again, with gratitude touched Shri Babaji's feet. At this, Shri Babaji turned from another conversation and asked, "What was your third question?" It was "How does one practice detachment when he doesn't have it?"

Shastriji answered: "Dire, dire - slowly, slowly" and the devotee laughed.

Shri Babaji leaned forward and pointed at the devotee and clarified: "With total concentration and great faith and determination! Focus on your goal and everything else fades from view. Then you have "detachment."

JAI MAHAMAYA KI JAI!

7 SEPTEMBER 1983

Today is the Jewish New Year and it is being celebrated here. Today will be a holiday. There will be no work for anyone of whatever caste or creed.

The fact is today is of particular significance. The Israelis who have come here had to "cross eight seas." Other people who come here only have to cross seven seas (an Indian saying to indicate great distance). Notwithstanding the fact that in their own country they have so much to do - they have neither time to drink water nor to breathe - still they have come here. As soon as they are born, they are taught to put their hand to the trigger. This (i.e., because they have to fight continuously) is why they have not even the time to drink water.

(Babaji then turned to one of the Israelis present and asked "Who is it you are fighting?" Answer: "A good question! The Arabs - each other." Babaji continued.) Once, in the past, the Jews had a great kingdom. They ruled over their neighbors but with time they were made homeless. Their land, the Israel of today, has been build by them through courage and hard work. Before this, they had no place on earth, not even space to put down their feet; from everywhere in the world they were thrown out. The Israel of today has been build by the valor of the people who live in the country.

I admire their bravery and courage. The courage with which they are fighting the Arabs makes their lives total chaos (literally - "makes them sleep upside down"). I do not want spineless people in this Creation. I want a world of people with such courage as the Israelis have shown.

On this auspicious day, I bless all Jews who are present here, those who are not present, those who live in hiding, those who are alive and those who are dead. I bless them all.

The day will come - and you will be eye witnesses to it soon - when theirs will be a big, strong kingdom, overruling the Arab countries. Their time has come!

Everyone must live with courage. The person without courage must die. This creation is for the brave. People without courage are a burden to the earth. On this New Year's Day, I bless everyone - especially the Jewish people.

JAI MAHAMAYA KI JAI!

11 SEPTEMBER 1983

Babaji, at evening Darshan

This is Radio Haidakhan with an important announcement; Here is the main news:

Beware of the river, now in spate. Wear appropriate clothing to cover yourselves adequately. Everyone should be mindful of cleanliness, so diseases may not spread. I want that there should be neither pain nor suffering here. People who come here have been through much suffering, so when they suffer here, as well, this is not right. I want diseases and trouble to stay far away from here. If we are afflicted by pain and trouble, what can we achieve?

Here we have the benefit of spiritual healing (jhara treatment); a doctor is available; and there is the sound of Har Govind's trumpet. By its sound, bad vibrations and germs are destroyed. The sound of the bells and conch (shell horn) purify the atmosphere and awaken consciousness. Through the performance here of havan, peace and prosperity are enhanced in the world.

The fact is, the Rishis of the past devised all these things in order to purify the environment. PHURO! Be inspired! As soon as a man of pure heart hears these sounds, consciousness awakens in him. By these sounds all evil influences are kept away. Evil forces are weakened by them.

Now the season is changing and we therefore need more cleanliness. Summer is taking a step towards winter. The change of climate engenders chemical changes in the body and sicknesses increase. Therefore, take care of your body. As long as your body is in good health, you can serve Prabhujii. When you are sick, how can you serve Prabhujii? It is very important to have good health. When your body is fit, you can do anything - bhajans, japa, yoga. PHURO! In order to do Karma, it is vital to keep your body healthy. So follow these teachings about cleanliness and health and teach others, also.

PHURO! This is an all encompassing mantra.

Pinda Kacha, Shabda Sacha. The body is perishable; the word is eternal...

19 SEPTEMBER 1983..

Shri Babaji was addressing a group of twenty Westerners who had arrived the night before in a pouring rain

You have come here, making a supreme effort, crossing seas and mountains like Hanuman. The fact is, you made a total effort. Phuro! You have achieved a great task! Your devotion is very deep, there can be no doubt about it. Just as Hanuman showed his profound devotion to Lord Rama, so you, too, have proved your devotion to the Lord.

(Shastriji then said: "Shri Babaji has just whispered a very beautiful Vedic mantra into my ears - 'Aneka Janma Sansiddhaha, Tatoyanti Paramganim'. 'Only he who for many lifetimes practices severe sadhana can attain to the highest abode of God (i.e., liberation)'" Shastriji said that Shri Babaji had given this mantra particularly to the newly arrived devotees.)

Only he can come here in whose life a turning point has come, when the spiritual energy is rising. Only he can come here whose sins have been destroyed. Lord Rama says that only he can come here who has done great penance in his previous lives.

Now there is great turmoil in the world. There is total insecurity with every step. To come here at such a time as this has great significance. Now at every moment man has to face death. No one knows what the next moment will bring. Every moment is full of uncertainty. This is the situation for everyone now.

This is why I am telling you that you are all fortunate to be arriving here during times like this.

JAI MAHAMAYA KI JAI!

19 SEPTEMBER 1983

Evening

For the sake of Lord Rama, the group that came here yesterday worked wholeheartedly today. Work is Mahayoga, Supreme Yoga. To go astray from the path of Karma is to create trouble for ourselves. Action is the source of all joy. Go on working. Go ahead, making progress. Work until your last breath.

The world is transitory. You will find stability only on the path of Karma Yoga. Only action can take a man to God and give him liberation. The law of Karma is so deep that no words are great enough to describe it. The day Karma stops on this earth will be the day of its dissolution (pralaya).

Brave ones, all of you, continue to work! Through Karma alone will you be able to change the world. It is the only way.

Today the world is playing with fire. We have to be ready to face fire, water and great storms and not be shaken. We have to go beyond the hope of life and the fear of death. Whatever happens, we must go ahead. Then only can we benefit the world. We have to bring the path of Karma into the light. Now the world is in deep darkness. The Revolution spreading in this world can be controlled by Karma alone.

(Babaji then whispered two mantras to Shastriji who repeated them: "Yadatma Dhrishchayaha: He who has control over himself, who is of determined mind, will succeed in life." "Utishchata Jagrata Prapta Varan Nibhoda Yata: Arise! Awake! Go and seek the wise and learn from them.")

You have come here from the four corners of the world. Today you should take a vow to work hard always and to spread the message of Karma wherever you go.

JAI MAHAMAYA KI JAI!

23 SEPTEMBER 1983

Shri Babaji commented on the marriage in the Ashram that day of two black Americans

The couple standing before you are Kalbhairav with his two Shaktis. (Another black American lady was standing with them). His wife is Kali Maie and the other lady - his auntie - is Bhadrakali. This marriage has great significance. The rain clouds have been collecting since yesterday to shower their blessings on the couple. The sacred river Gautama Ganga has taken on her fierce, fast-flowing aspect. Both Varuna, the God of rain, and Vayu, the God of wind, as well as many other Gods, have come here to attend the marriage ceremony.

But now we focus not only on the matter of this marriage, but of the whole world. The world now is in a state of turmoil. It is suffering from three kinds of pain - physical, mental, spiritual - and there is only one way of being cured from these. We have to root out inhumanity and replace it with humanity. I have told you before that I do not want differences of caste, creed, color or race. When there is only one Humanity, how can there be different creeds and castes? This is quite unreal.

I think it was like this: some shrewd people invented all the differences in order to divide people, to be able to rule over them. So they created castes, their aim being to divide and rule. Differences were created for selfish motives. There are people in this world who, when they see someone else's house is burning, are happy. There are people who want to live in comfort at the expense of the labor of others. There is only one God, who created all men in His image. This is why we have to reestablish humanity.

What I want to instill in man is courage. I want to have a creation of courageous people. Only courageous people can come here. Only courageous people can survive such critical times. I have spoken to you many times about the extent of the calamities to come. They will be so terrible that people without courage will die instantly from heart failure. We have to have the courage to face floods, fire and storms. We have to go beyond the fear of death and the hope of life.

I want a creation where there is no dependency of any kind. Everyone should be able to stand on his/her own two feet. The problems of all countries can be solved when everyone becomes hard working. As long as there is laziness in the world, people cannot attain happiness. Today's world leaders have created circumstances which make it difficult even to breath. If you are active and hard working, then you can do everything yourselves. Materialism is rising like a great storm and we have to face it.

I have told you before that through Karma Yoga alone can you attain liberation. Any material desire you may have can be fulfilled by Karma Yoga, as well. Karma Yoga is Supreme Yoga. Lord Rama and Lord Krishna taught this, too. Not only did they teach it, they also practiced it and were successful in it.

The great battle fought in the Mahabharata was an example of Karma Yoga. The tyrant kings of that time came and fought on the battlefield, where they died fighting bravely - doing their Karma Yoga, and thus attained liberation. This is why Karma Yoga is Supreme. By Karma Yoga, Lord Rama lessened the earth's burden. Those who are lazy, inactive, are a burden to the earth.

So all of you have to go beyond the fear of death and the hope of life and go on doing Karma Yoga. Karma Yoga is the only type of yoga that gives immediate results. Whatever you do in the morning, you can see the results in the evening, standing before you like a picture. The seeds sown in the morning sprout by the evening. The farmer harvests the results of his Karma Yoga after six months. Everyone does Karma naturally, no one can remain without it. We must perform those actions which will benefit others - and not only other people but the whole of Creation.

It is of no use to give birth to millions of sheep. One hard working human being is enough to save the world. We must all become hard working and teach coming generations as well. All other

forms of yoga come second only to Karma Yoga because the whole world is maintained by Karma. So practice Karma Yoga and progress. People in the world nowadays have become very cowardly. That is why we have to be courageous, adventurous..

JAI MAHAMAYA KI JAI!

24 SEPTEMBER 1983.

Due to heavy rainfall, roads have been much damaged and communications are difficult. There are no bus services. Postal communications have been interrupted. This breakdown in communications will mean great losses to the country. This is Nature's curse: it is the working out of the law of cause and effect. Because righteousness had decreased, all these calamities come.

The fact is, our radio communication is weak. The sound is very feeble. (Babaji was referring here to His own broadcasting apparatus.) The radio has to be beamed to many places and the transmission is difficult. Radios are not receiving up to their full capacity because today the news has to be broadcast throughout the whole universe. This broadcast is being transmitted to every single being in this Creation - to each one of the 8,400,000 existing species. Due to the fact that the sound waves have to reach every distant corner of the universe, reception is somewhat weak.

Not only is man in danger but every one of the 8,400,000 species as well, and the sound of the radio has to reach every single one of them.

This is where the radio's transmission ends for today.

Sabka Kalyan Ho! May all beings be liberated!.

JAI MAHAMAYA KI JAI!

11 OCTOBER 1983.

At the Manda Farm, near Vapi, Gujarat

I wish everyone in this country, as well as all in this world, all the best. Nowadays humanism has been completely killed. Human beings have become like animals. I want to bring back humanism into the soul of every person.

Because of the lack of human spirit, every individual is in tension and fear. I want to relieve everyone from this state.

Ages ago, sages formed the following mantra:

Sarve Bhavantu Sukhina  
Sarve Santu Niraamayaa

Sarve Bhadraani Pashyantu  
Maa Kasbchid Dhukhbhag Bhavet.

May all be happy  
May all be free from disease

May all realize what is good  
May none be subject to misery.

But in all these Ages, under the guise of bringing peace and happiness, only wars took place - like those in the Ramayana and the Mahabharata. These wars only left millions of women and children in grief.

Now I want to bring happiness to every living being by reforming the hearts of all individuals. Only by this process can the dream of the sages who formed the mantra come true. For this purpose, the only path is Karma Yoga. Only Karma Yoga can bring satisfaction and good fruits of action. With this, happiness will automatically come into the hearts of the people. Hence, all of you should work hard and follow the path of Karma Yoga. 19 OCTOBER 1983

You must intensify your courage and enthusiasm. I want all work to be done punctually - on time. Whatever work you do, do it with a sense of duty. I do not need more work to be done but I want work done with concentration, efficiently and expeditiously. Everyone must do his or her work here as his or her own work. I want everybody to be very active and hard working. Activity - hard work - is the only way to infuse new life into your country.

There is a great possibility of war in many countries by December. Also, there are possibilities of civil wars. There will be fights between families and between groups within countries. They will destroy each other this way. That is why I want to emphasize unity.

Your aim in life must be to be always active. If you work hard, then you will be happy. You will get good sleep and a healthy appetite also.

In the name of Lord Rama, all your work should be done perfectly. May all of you be happy!.

JAI MAHAMAYA KI JAI!

27 OCTOBER 1983.

Shri Babaji spoke through Shastriji, whispering each sentence into Shastriji's ear to welcome the Governor of Uttar Pradesh, the Honorable C.P.N. Singh

Today is a blessed day because His Excellency the Governor of Uttar Pradesh has arrived here. On behalf of all the devotees, from India and abroad, we extend a hearty welcome to him. Shri Mahaprabhuji showers endless blessings and good wishes on him.

This Vishwa Mahadham is not an ordinary place. It is special because Lord Shiva, in His mortal body, is living and moving here. The earth which is touched by the Holy Feet of Shri Mahaprabhuji is holier than even the highest heaven.

Revered Shri Mahendra Maharaj himself has written that Hairakhan is a wonderful place - in all ways it is giving pleasure - the beauty of the place entrances the mind. Thousands of people are coming from thousands of miles away and experiencing the cosmic vibrations of this place. One who lives here for some time becomes a real Yogi.

We who are here even forget the date or day or time. The mind concentrates automatically because this is the holy place of Lord Shiva's penance. Gautam Ganga always flows here with a roaring sound and all siddha yogis, demons and the Gods worship in this place. Those who live here for some time automatically get many kinds of yogic powers.

This is true because the places that have been touched by the Holy Feet of the Lord have a divine power in them. If we call this place a heaven on earth, it will not be an exaggeration. Those

who have a Darshan of this place have all their wishes fulfilled. Both material and spiritual desires are fulfilled, giving a person the assurance that this life is a complete success.

As far as we can see, doing penance in this world has great significance. In the atmosphere and vibration of Hairakhan there is such divine energy that a person gets the power to control the five elements and the five pranas of the body; so much so that some people come here even three or four times a year from abroad to enjoy this bliss. Today we are all blessed and we all pray to God for the Governor's good health, long life, and success, both spiritual and material. Shri Mahaprabhuji loves you and showers millions and millions of blessings on you. .

JAI MAHAMAYA KI JAI!

The Governor's response to the welcome:

Whatever you heard from Shastriji was all the inspiration of Shri Mahaprabhuji. I do not know what words to use to reciprocate such a greeting.

We must remember that in this place, as a result of the appearance of Shankar Swyambhu (the Self-created Lord Shiva), the essential thing is that there are no differences here. Hindus, Moslems, Germans, Italians, rich and poor - all come to the Holy Feet of Bhagwan.

Your bodies are outside but your minds have merged into His Lotus Feet and achieved purification. The degenerated human race starts its purification automatically from His Lotus Feet to effortlessly spread throughout the world. For that purpose only, this forgotten, neglected land is now getting new life.

The work we are all engaged in here is for the purpose of making Man a true human being. At present, men have become like animals. Oh, Prahhu! By Your Grace save mankind!..

28 OCTOBER 1983

With people going their own way and conflicting with each other, it seems that a time of great crisis is very near. The world needs change from its roots upwards. Oh, my children! Youth of the world! Be brave and courageous and be prepared to face life as it comes, because as long as there is no fundamental "root" change in the world, there can be no improvement.

Oh, brave youth! (It is right to call everyone "youth" now), go from house to house, in any area, wherever you live, wherever you go, and give them this message: "Awake! Arise! And be exalted! Make your life a success!"

Now the time is very near, there is no time to do anything else, no time to brood. Wherever you live, get organized, unite and awaken the people. Show the Path of Righteousness and Truth to all.

You have to be strong and capable of facing these coming difficult times. Oh, youth! Remove all differences from your minds and unite like one great chain. We have to do good, not bad, for the whole world. You have to gather your courage, leave behind the fear of death to face life with hope and courage. Forget profit and loss - do not be concerned for praise or abuse - march on! You will have to walk through the blazing fire; only then can this world be saved..

29 OCTOBER 1983.

Shri Babaji again spoke through Shastriji, whispering each sentence into Shastriji's ear Highest Brahmarshi, Blessed One (speaking of and to the Governor of Uttar Pradesh), we give all good wishes to you during your stay here. As the great learned and respected Bhishma Pitamaha showed to the people in the Dwapara Yuga the correct path to Truth and Righteousness, so His Excellency, the respected Governor, is showing the correct way of life to the people of this Age. We all have this high expectation of him. We have a very high place for him in our hearts. We hope that he will guide us, time and again, like Bhishma Pitamaha.

Truth, Simplicity and Love are like a Triveni (a triveni is the joining place of three rivers). The way to success is to join Karma Yoga to this Triveni. Shri Mahaprabhuji is encouraging us to follow the path of Karma Yoga which is the only way to fulfill our wishes in this and future lives.

Shri Mahaprabhuji wants the creation of very brave and courageous people in the world. If, with full faith and devotion to God and with a firm determination, people follow the Path of Truth, Simplicity and Love with Karma Yoga, they will reach their goal. When the whole world is burning with the fire of sins and sorrows and the flames are about to swallow the world, this is the only way by which humanity can be saved. Only he who has firm determination will survive this destruction. That is why great Rishis have proclaimed: "Awake! Arise! Go to the wise and learn from them!"

There is no place for fear; people must work fearlessly in the world. Maharshi Markandeya has said that we must be fearless: when a man is fearless, no man can stand against him in battle - either a battle in material life or in spiritual life. He is victorious in all the battles of life.

Now Babaji is suggesting another point - that we must annihilate the feelings of "I-ness" and "my-ness" from our minds. You must march forward like a soldier, dutifully and bravely. The thing which brings man down is "attachment" to his own kith and kin. When you all belong to this whole universe, where is the place for "I" and "mine?" We must unite as one universal family and march forward in unity. By this means only will the world be benefitted. This is not the concern of one individual but that of the whole universe. The only true man is one who practices "humanism." Every man must cultivate the qualities of "humanity" - this is the only way to success in life.

To teach us this way of "humanity" or "humanism," Sadgurudev Shri Babaji has appeared here. "Humanity" will not be elevated by lecturing and talking but we must awaken the spirit of humanism in all of mankind. Everyone must remove the differences between themselves and others and work in the world in unity; otherwise the disorder which is spreading in the world will go on increasing and there will be no cure for it.

There is only one way for mankind to be saved and that is by changing the hearts of all people. Shri Mahaprabhuji will give His full spiritual power to this, but every man and woman will also have to make their best efforts toward this end. As long as there is no change of heart, humanity is in great danger..

JAI MAHAMAYA KI JAI!

29 OCTOBER 1983.

The Governor's Response

If you so order, I will also speak a few words.

Mahaprabhuji Hairakhan Bihari, my hundreds and hundreds of salutations and pranams to you.

Swayambhu Hairakhandi has explained an ideal. There is no doubt about His incarnation, which is most significantly for the purpose of entering into the deep consciousness of Man - to awaken man. This could not have been accomplished without this incarnation. This incarnation happens only when the people do not accomplish those righteous works which Absolute Truth requires of them.

Thus it is clear, and you can understand Who He is, and why God has come, and what we have to do. In His teachings, His work and His daily routine of life, we can see that He not only gives us blessings but in His daily practical life He exemplifies what He says. There is no difference between His speech and His action.

An Urdu poem says that as long as there is a veil between you and Him, He is away from you; but as soon as you lift that veil (of ignorance) you see Him only - everywhere.

This saint is the Remover of the Veil. This One who is in human form is a tremendous Power. What is our responsibility? It is that we must obey His teachings which He gives us in very rousing words. We must always do our duties earnestly.

How do we fulfill these duties? Only by firm determination. How do we cultivate this firm determination? By repeating daily, like a mantra, "I will control my desires and fulfill my duty." When this thought dominates your mind, then you are blessed by Him and His Shakti. Even those who have no physical contact with Him are graced by His blessings.

Universal peace will be established in the same way as the rays of the sun and the moon shine on all the world. Like that, the aura and the rays of Light which emanate from Shri Mahaprabhuji will reach everywhere and give Light to all. If you have any responsibility in the spreading of His Light, it is to work with faith. Everyone should share this Message with ten more people. If you are able to spread the Message and transform lives, then your life is lived at its best.

A few moments ago, when Baba was talking about humanity, a dog came in and wagged his tail as if to tell us "Don't look at my wagging tail - look into yourself!" Oh, people! We should not live like dogs - like animals. We must be human!

For this purpose only, He had to come - to manifest the Ideal. He has to take a human form to guide and show the Ideal, not by talking, but by living it.

Here we see a wonderful thing which we do not see at any other place - there is no differentiation here of caste, creed, religion, rich or poor. All are treated equally here. And that is a great thing..

JAI MAHAMAYA KI JAI! BHOLE BABA KI JAI!

30 OCTOBER 1983.

The Kumaon Commissioner, Shri A.K. Das, spoke on behalf of the State Officers from Nainital who came to Haidakhan with Governor C.P.N. Singh

By the grace of Shri Mahaprabhuji, the Governor came here yesterday and Shri Shastriji told the Governor that he was like Bhishma Pitamaha. It is true that the Governor is like Bhishma Pitamaha because it is through him that all we officers and other staff have got the Darshan of Shri Mahaprabhuji and have been able to stay in this ashram.

We are all very much impressed to see that people from thousands of miles away have sent their offering of thousands of rupees and have themselves come here to sit, without distinction of caste, color and creed, at His Lotus Feet. We have never seen such gatherings anywhere else.

The Message of Shri Babaji about Karma Yoga is so great that it elevates human beings. He has come to awaken humanity which is now sleeping in ignorance. The love and grace which He has showered upon us all is great. We are all forever indebted to Him...

5 NOVEMBER 1983

The Italians have shown great enthusiasm and courage. Everyone must follow their example because this Earth is a field of Karma (work). Everyone must be active, working. The great people who lived in the past thrived by doing Karma Yoga - now, also, people who thrive are those who are working diligently. I have told you before that only through Karma Yoga can you make progress. That is why I tell you that you must always walk on the Path of Karma Yoga and teach others to follow this Path, too.

Until you breathe your last breath, you should not abandon Karma Yoga. Inaction is like death - that is why you must go on working, advancing, and making progress...

NOVEMBER 1983..

Mahaprabhuji has control over Kal (Time), the God of Death. Mahaprabhuji can create many worlds and can destroy many Creations at His will. If you are His devotee or disciple, why should there be any fear in you? You should not worry at all. Be fearless!!! 8 NOVEMBER 1983

At a tea party given at the dhuni in the Company Garden

On behalf of everyone, 71/2 kilos of congratulations to you!

This kind of organization and celebration is good. You should get together in one place at least once a week. This kind of meeting is "Phuro!" - complete. All people will be awakened by this kind of meeting; your contacts will increase. It is of great significance to have such meetings.

For the sake of Lord Rama, the time of ideal kingdom of Lord Rama (the Ramaj) will come.

This kind of program must be held in every village and city. This will bring about a great reform in society. You will know each other better by meeting like this - the differences among people will be reduced.

For the sake of Lord Rama, we must progress in Karma Yoga.

For the sake of Lord Rama - "Phuro!" This is a complete and inspiring mantra.

For the sake of Lord Rama, we must not hesitate to do any service, any work that comes to us.

For the sake of Lord Rama, we must progress - advance!.

JAI MAHAMAYA KI JAI!

10 NOVEMBER 1983.

The fact is that your daily routine work from morning till night is the real Kriya Yoga. The union of morning and evening (that is, the work of your whole day) is the real Kriya Yoga.

The union of that work which is started in the morning and finished in the evening is real Kriya Yoga. I don't want to brainwash people; they have already been brain-washed! Those who are doing the brain-washing themselves do not understand the meaning of Kriya and Yoga (union). There is nothing like Kriya Yoga. There is nothing in this world that is not Kriya Yoga. Perfection in work is the real Kriya Yoga.

Every action in this world, including eating and drinking, is Kriya Yoga. The digestive process in your body is Kriya. The process of uniting any two or more things is Kriya Yoga.

The people of the world are being confused by others. Doing your own duty perfectly, ADVANCE! GO FORWARD! That is Kriya Yoga, that is Karma Yoga - by this means only can you make progress. Perfection in work is Kriya Yoga.

All the scientists now thriving in this world are Kriya Yogis. Concentrated and meditative people are all Kriya Yogis. There is no such separate thing as Kriya Yoga. People have been misled - thousands and millions of people have been ensnared in this trap. Only that is Kriya which brings peace and happiness and all kinds of benefits to people. To do good actions is Kriya Yoga. Worship (Puja) is also Kriya Yoga, worship of any deity is Kriya Yoga.

You must all do service to humanity, THAT is Kriya Yoga. The times now demand this of you in this world. In every way, in every manner possible, do good to others and make them happy - that is Kriya Yoga. To each individual and to every country, provide what they lack..

17 NOVEMBER 1983.

The food which we eat must be clean and nutritious, like it was today. (There had been a fine birthday feast that noon.) We should pay special attention to everyone's health. Wherever there are centers, people should try to grow and cook good vegetables and make halvah and distribute them to others! Food should be nutritious so your strength for working will increase and your mind will be strong, too. It is necessary to keep the body in good health in order to do good Karma. If your body is not strong, how will you work? We should eat nutritious food so our bodies become energetic and our brains work better.

I want a Creation of strong and healthy people - there is no place for weak people. I want people in this Creation to be as fast in their actions as the Wind. I want people who work with all their bodily energies. At this time, the world needs such brave, strong people.

If you are weak, how will you work and how will you live? You must generate energy in order to exist. Everyone must always be working hard. You should never cultivate inaction here. There is no use to be a deadweight to the Earth. Whatever wars were fought during the past centuries were only to relieve the world of the dead weight of idleness. You must be hard workers.

If you are engaged in doing good deeds and go on doing good acts, you will have good sleep, good appetite and bad thoughts will not cross your mind. Otherwise, you will always be criticizing others. In inaction, your minds will always be engaged in thinking critically of others. Karma - activity - is the only thing which can drive out all evils..

JAI MAHAMAYA KI JAI!

20 NOVEMBER 1983.

The fact is, a great fire of sins and sorrows is burning throughout the world. Everyone living walks and works through this fire. People have become disheartened; Death is dancing before everyone's eyes; everyone has this experience.

Those who are present here, from whatever place they come, live here in unity, as one - and so must you live in your own country.

At present, not only humanity is in danger, but all sentient and insentient beings of the universe are in danger. I have not only to consider human beings but I have to save the entire Creation. How is this possible? (A long pause.) It is quite impossible. The calamities which are coming to this world are unavoidable. Only he who has a strong determination to do good acts and who is strongly devoted to God can survive this destruction.

Whoever lives in whatever place or country, there is no necessity of your coming running here. Please do not waste your time like this! The time and energy which you waste in coming and going to and from here should be used by doing sadhana (religious worship and work) in your home place. The coming and going is just a waste of time. Wherever you live, you must work hard to provide whatever your country lacks. Go on repeating God's Name and go on working, doing good deeds.

Only by Karma Yoga can you advance and be successful in your life. This is the only invincible weapon - like Vajra (the divine weapon of Indra, the King of Heaven). If you use this weapon, even during the time of total destruction you will not be moved or shaken. That is why you should never cease action.

You should not do anything which will do harm to others. You should do those good deeds which benefit the majority of the people. That is why all of you should advance by giving first priority to Karma (work). Karma is the only Yoga which brings success to a person. This Yoga is so powerful that even the least practice of it relieves a person from sorrow and sickness. Only that work which benefits the majority of people is truly called "Karma."

You must organize and unite people more and more wherever you live..

JAI MAHAMAYA KI JAI!

23 NOVEMBER 1983.

The fact is, a great fire of sins and sorrows is burning throughout the world. Everyone living walks and works through this fire. People have become disheartened; Death is dancing before everyone's eyes; everyone has this experience.

Those who are present here, from whatever place they come, live here in unity, as one - and so must you live in your own country.

At present, not only humanity is in danger, but all sentient and insentient beings of the universe are in danger. I have not only to consider human beings but I have to save the entire Creation. How is this possible? (A long pause.) It is quite impossible. Only he who has a strong determination to do good acts and who is strongly devoted to God can survive this destruction.

Whoever lives in whatever place or country, there is no necessity of your coming running here. Please do not waste your time like this! The time and energy which you waste in coming and going to and from here should be used by doing sadhana (religious worship and work) in your home place. The coming and going is just a waste of time. Wherever you live, you must work

hard to provide whatever your country lacks. Go on repeating God's Name and go on working, doing good deeds.

Only by Karma Yoga can you advance and be successful in your life. This is the only invincible weapon - like Vajra (the divine weapon of Indra, the King of Heaven). If you use this weapon, even during the time of total destruction you will not be moved or shaken. That is why you should never cease action.

You should not do anything which will do harm to others. You should do those good deeds which benefit the majority of the people. That is why all of you should advance by giving first priority to Karma (work). Karma is the only Yoga which brings success to a person. This Yoga is so powerful that even the least practice of it relieves a person from sorrow and sickness. Only that work which benefits the majority of people is truly called "Karma."

You must organize and unite people more and more wherever you live...

JAI MAHAMAYA KI JAI!

17 DECEMBER 1983..

Morning Darshan

The thing is, today, the 17th of December, the winter session begins and we are all together in Darbar (a Royal Court Session) and great kings and ministers are here. This meeting has a great significance because it is an international Darbar. Even Reagan has not such power as this, nor does Indira Gandhi have it, nor the Soviet premier, nor the Chinese premier. The power of those ministers is limited to their own countries - they all have shaped their own limitations. The kings and ministers who have assembled here, have unlimited power throughout the world.

Shri Mahaprabhuji has the wish that we all must work for the welfare of the whole universe. Whatever we do, we will to do, must be based on the universal good. I tell you that you must all spend your time and energy working for the good of the entire universe. Only by doing this will you be benefitted.

It is not necessary for all of you to come running here again and again. You must all be busy in doing your own work (duty) and by doing that you will be cooperating in the universal work. You must all be prepared to contribute to the universal good. Go and remain in your own place. I do not like people roaming about like dogs. If you go anywhere, go for some purpose. Use that time which you would waste in coming and going to and from here to do good to some human being - to any living being.

Advance! and help others in making progress.

Now a terrible time is coming. I have told you this previously. By this great Revolution even the geography of the world will change.

I request that all of you work hard for the upliftment of humanity. Try to protect the rights of humanity. Step forward to protect humanity!

At the present time, inhumanity has spread everywhere. We have to totally root out inhumanity and we have to establish humanity throughout the world. I told you previously that you may wonder what I will do and how I will manage it when only Amar Singh, with broken teeth, is with Me. What will the broken toothed Amar Singh do? He who only sits in the kitchen all day!

LOOK! When the time of need arises, all the army, navy, and air power, all newly invented weapons of war - atomic and nuclear and hydrogen bombs - will be provided. Like armies of ants, these forces will be lined up here. That is why I say you should not wonder what I can do - I can do everything.

For example, at the time of the great Mahabharata war, all the powers of the world came to help the Pandavas. (In the great struggle between the Pandavas and the Kauravas, the Kauravas were the established, universal power; the Pandavas returned from exile without money or army, but when the dispute rose to the level of battle many Kings put themselves and their armies under the command of the Pandavas.) He who has doubts is ruined.

You must all step together and form a great international organization - bigger than anything organized in the history of the world. I do not want you all to be ruined or destroyed. A great Revolution is going to take place such as has never before occurred in the world. The hearts of the people who read or hear the history of this Revolution will melt. This is an era of great destruction - no other time can be compared to this. The Revolution will last not for minutes but only for some seconds. The countries which have invented these destructive weapons will themselves be destroyed. They should not think they are secure. Only he who has surrendered completely at the feet of Shri Mahaprabhuji (God) is secure.

We must not stand still - we must advance for the sake of our countries, for the upliftment of the human race, for all humanity. We must establish Karma Yoga, we must eliminate idleness from the world. I have told you before, also, that I want active and hardworking people. I do not want to live in a world of inaction - that is why I want to make everyone energetic.

Now Shri Mahaprabhuji requests you to step forth for the benefit of all humanity. Leaving behind dishonesty and craftiness, step forward to cultivate humanitarian qualities and protect humanism and humanity!..

17 DECEMBER 1983....

Evening Darshan..

You must consider work as the real devotion and go on doing Karma Yoga always. Shri Mahaprabhuji says "I am always telling you about working hard. My head has become very hot from the constant repetition of this same thing."

This world is transitory, the Name of God is the true reality. Everything in this world is destructible, transient, unlasting. So you must all repeat God's Name and sing kirtan and bhajans with devotion and concentration. Without this, how can you attain Enlightenment and make progress?

The kirtan and bhajans which we sing here must be sung with such deep devotion and concentration that the Deity of whom you are singing must be invoked to appear before you.

You must go on working and doing kirtan, too. Many times I have told you about this and I hope I will tell you many times in the future because I want to see everyone lively and energetic. When Time is moving so quickly, why do you reduce your speed? You must work as fast as a machine; your brain must work in mantras like a computer. You should not brood over things; to obey the orders of Shri Mahaprabhuji is your real Yoga. This is the only mantra for you - to obey the orders of Shri Mahaprabhuji.

Leaving behind the fear of death and the hope of life, you must advance. You should not be afraid of fire or water. When the need arises, we will have to jump into the ocean; when the time comes, we must be prepared to jump into the fire. That is why all of you must be as firm and stable as

Mount Meru. The thing is that this whole world is transitory - why do you entertain confusion in your minds? You must have only one aim, one goal - to serve every living being in the universe. ..

JAI MAHAMAYA KI JAI!

21 DECEMBER 1983..

Everyone must take a vow on the 25th that we are all one and that we must all live in unity. Everyone must remove differences/distinctions from their hearts. There must be more stress on unity. We must put an end to all kinds of differences of opinion and other differences, too. We must step forward, keeping in mind the problems that the coming great crisis will bring.

Everyone must use his own common sense - he should do his duty without waiting to be told what to do. To do your duty is the greatest worship (Puja), the greatest service (seva), the greatest devotion (jap) and penance (tapas).

All of you must give the greatest significance to Karma Yoga. You all have advanced through Karma Yoga only. You must all advance with a firm determination. To have a firm determination is Yoga; to be stable and firm in your determination is Yoga. You should not be shaken from your determination. To be shaken from your determination is to lose your direction - that is why you must make a firm determination and stick to it. Everyone must show his progress to Shri Mahaprabhuji...

JAI MAHAMAYA KI JAI!

22 DECEMBER 1983..

A the Hawankund on the gufaside of the ashram, at a pre-Christmas fire ceremony

When most of the seats at the Hawankund had been taken and the ceremony had started, a foreign man came to the Hawankund and looked for a place to sit. Babaji asked:

"Have you washed your hands? Wash your hands and come and sit."

The chanting of the mantras stopped while the devotee washed his hands and sat down. Then Shri Babaji, looking around the Hawankund at all the foreign faces, said:

"I want to tell you the meaning of the Yagya (havan ceremony)." He called out "Roiyo," calling for Om Shanti to come and translate.

"Havan it is that brings rain, which brings grain. The origin of Creation stems from the havan. The havan is the real form of the Gods; whatever we offer to the havan goes directly to the Gods who are being invoked.

"By doing havan, people gain happiness and all the pleasures of life; they all have good thoughts and love for each other. By the smoke from the havan the harmful germs in the atmosphere are destroyed and the good bacteria, useful to life, grow in it. This increases the plenty and prosperity of the world.

"Before starting any work, you should first know the significance of it. You may be wondering why these people are burning the fire and 'wasting' things by throwing them into the fire. I has great significance: Creation originated from this.

"I will take two minutes more of your time. Do you have any objection?" (A chorus of "no's".)

"The original Kailash is this one. (He pointed above, up the hill of the Kumaon Mount Kailash). Mahadeva (Lord Shiva) appeared there and performed the first havan there.

"Now we turn toward the other Kailash, where (the lake) Mansarovar is (in Tibet). Another Yagya was performed at Mansarovar Kailash. "When the original Manu (the first man) was born/created, and when Mahadevaji ordered him to extend the creation, this Manu performed a Yagna at Mansarovar. That is why that place was named Mansarovar, from the root name of Manu.

"By Manu's strong determination and the power of the havan, Creation started to expand. Jai Mahamaya ki jai!

"Did you all understand something?" ("Yes, yes!")

Here Shri Babaji used an Urdu phrase to say: "I want to utter a few more words."

"Did you understand?" ("Yes; no.")

"If you have not understood, I will explain it to you. But if you have understood, what more should I say?"

"Did you understand?" ("No; yes.")

Baba continued, laughing: "If you understood, what more can I say?"

To Om Shanti: "What do they say?"

Om Shanti: "Some say yes; some say no."

Babaji, with eyes twinkling: "Those who understood can explain to those who did not understand. Bhole Baba ki jai!"

A devotee said: "Nobody has understood anything."

Babaji, with laughter: "If you are so stupid that you have not understood, then how can I explain it?!"

And the havan got under way again...

24 DECEMBER 1983..

(Evening)

The fact is, today is an auspicious and blissful day. Today you are all assembled in the foothills of the Himalayas and on the banks of the river Gautami Ganga. Today the air is cool, gentle and sweet-smelling. People from all countries throughout the world have come here. Those who have assembled in this holy place on this Day are enjoying the bliss of heaven. Let this Day be happy for all of us who have chosen the Path of Universal Unity.

The fact is, I have told you before, many times, what I want to do in the world. I want a creation of brave, fearless and courageous people. I want people with a strong revolutionary spirit who are

willing to fight for the Truth. I want to root out the present spirit of non-violence from the world; this emphasis on non-violence has brought an increase in atrocities and injustice in the world. I do not want a world in which the rights of human beings are crushed/trampled, as the world is today. This practice of non-violence has led people into ignorance instead of leading them to knowledge. Due to this kind of non-violence, Man has been deprived of his rights and he is afraid of his own shadow. I want a creation of powerful people throughout the world.

You will all wonder what Shri Mahaprabhuji will do, how He will do it, what is going to happen, how He will face this calamity single-handed. Up to now, whatever one has achieved, he has achieved by self-effort. Yat atma dhrih nisachyah. You must have perfect/full control over yourself and a firm determination. You must not be shaken from your determination, even at the time of total dissolution of the world. One who is firm in his determination can change the whole world.

When Lord Ram was in exile, He had no army of millions of men but He did have a firm determination. When one has firm determination, all the powers of Nature assist him, come to help him. When the Pandavas returned from their years in exile, no army waited for them. As in those times, all the powers of Nature will come automatically to help us when the need arises.

It is said, in Sanskrit verse, that if a King is brave and courageous, his subjects will help him with bravery and courage. If we have a firm determination, fire, water, storm . . . nothing can stop us. It will not be necessary to call; when the time comes, all the powers will come to help, like clouds coming piling in.

Today, in our society there is no lack of people who are trained in many arts and in the sciences. In the Samaj, there are people of such talents who come from all parts of the world. Here are many people with great knowledge of the arts and sciences. In this society, all are educated and each one who comes in more qualified than those before him.

At the time of the Mahabharata, the great, great kings, leaving behind the fear of death and the hope of life, jumped into the battle. Like that, today people from many countries are ready to face whatever comes. He who has doubts will perish.

You are all eyewitnesses. Did I go anywhere to broadcast My Message to any other country? The thing is - "Awake! Arise! Go to the learned people and get knowledge from them." Then you will get all kinds of powers and success in your life. Today I want to congratulate the people from all over the world. Those who are present and those who are not - all deserve congratulations on this Day...

JAI MAHAMAYA KI JAI!..

Now there is only half an hour before twelve o'clock. Don't get up and disturb the rhythm/pattern of this holy time. There is a proverb in Hindi which has the hero of a drama telling the heroine "Most of the play is over, little is left and this little is about to finish. Please do not disturb the harmony of the music for this short remaining time."

So please stay seated and go on singing kirtans and bhajans until twelve o'clock. Whatever kirtans, bhajans and prayers you offer today, Christ will hear. Sing kirtan; sing "Alleluia"..

25 DECEMBER 1983..

Today the International Festival of Christmas is ending. This festival was celebrated successfully, through the cooperation of all people. You have always been cooperating like this at this festival

time. This festival is celebrated here regularly through the inspiration of all of you and it will continue like this in the future. That is my Blessing on all of you. Congratulations to you for your concentrated, wholehearted efforts.

I have told you many times before that you must all keep your duty before you always. We must all have one purpose before us - to sacrifice ourselves for the sake of humanity. We must live for humanity and die for humanity. We all must offer our lives for the welfare and security of society. This must be our main aim, our bhajan (meditation, kirtan and service). This is our bhajan, this is our kirtan, this is our repetition of The Name. We should always proceed with this aim in mind.

Today mankind has greatly degenerated. People are like puppets dancing for demonic leaders. We have to protect the people and lead them to progress. We must not lose courage...

JAI MAHAMAYA KI JAI!

25 DECEMBER 1983..

The Kumaon Commissioner's Speech (Shri A.K. Das)

As you heard just now, this was the celebration of the birth of Christ. All of you know about the resurrection of Christ and His message of Love. Every year we celebrate Christmas here - it is a very auspicious occasion. The teachings of Lord Christ was that we are all led by the Good Shepherd. Christ was crucified but he never died; He was resurrected and He had no word of condemnation or hatred toward those who killed Him. He prayed - "Please forgive them they know not what they do."

Now Shri Babaji is here before you. His teachings are similar to those of Christ. The message of Christ was to love everyone, to have no hatred or jealousy toward anyone. Babaji teaches the same. Everyone must do his own duty - only then can we advance.

I feel particularly honored by this opportunity to say a few words to you. I have a tremendous faith in Baba, particularly because we have His message of humanity here. So many foreign friends have come from all over the world. There is much difference between the ways of life and the religious beliefs but there is something unique here - that is why people come from all over the world and sit here. This great gathering of humanity teaches us that though we come from all over the world, we are all from the same spring of humanity. We should love each other, we should gain experience of each other's views and exchange views of our faiths.

On this auspicious day, let us all pray to Lord Christ, to Baba, for blessing and for all the mental courage to perform our destined jobs honestly, properly and with dedication. Once again, I offer my prayers to Baba and to Lord Christ for all my brothers and sisters seated here...

JAI MAHAMAYA KI JAI!

1 JANUARY 1984..

The fact is that all of you have assembled here at the foot of beautiful and pleasant Mount Kailash. You all are sitting in the courtyard of that beautiful cave, the greatness of which has been described in the Vedas. And you are the most fortunate ones in the whole universe - you are all witnessing and enjoying the first new sunrise of the New Year in this very holy and beautiful valley of the Himalayas.

At one time this whole valley was covered by snow and the mountains were covered by snow. I have told you the mystery of this place. My brothers, this is the real, original Kailash. Mahadeva (Lord Shiva) resided here with Mother Parvati for thousands and millions of years. Even before the whole of Creation, this place was here.

I have told you before the story of Mansarovar (Kailash). When Manu (the first man) was created, he wished that the Creation would be expanded. He performed penance and Yagya there. He installed a symbol of Lord Shiva there. This gave rise to the name of Mansarovar for the lake - from his name, Manu. Considering all these facts, you can conclude that this is the original Mount Kailash. This is the only mount where the Gods, Goddesses, Sages and Seers and the Angels (Gandharvas) reside. Now all of you can understand the great significance of this holy place. It is the greatest holy place of the world.

There are many holy places that are limited to a particular religion. There have been and are many temples, churches and religious centers, but this is the only universal pilgrim center. That is what gives this place its great significance. All the Gods and Goddesses - the diving beings - reside in the mountains around here.

Today, as the year 1984 starts, I am happy to give you all congratulations and good wishes. Let this year be happy, auspicious, and blissful for you. May all of you be liberated! May success be yours!

I have already told you before that the difficult times are very near. Awake! Arise! Go to the wise and learn from them. All of you must unite together and face these calamities. Jai Mahamaya Ki Jai!

JAI VISHWA!!! There is an Indian slogan "Jai Hind!" It means "Victory to India!" But I want the welfare of the whole universe so I am starting a new slogan - "JAI VISHWA!" ("Victory/Honor to the Universe!")

8 JANUARY 1984..

(Amar Singh Yadav - speaking for and prompted by Shri Babaji)

The time of great difficulty is coming. Only those will be saved whom Shri Babaji wants saved. They will be saved by His Grace - no medicine, no guns, no jhara will work unless Shri Babaji wants the person saved. This is how Babaji will accomplish His Work.

In very place, He will put one of His devotees and fill him with His energy and through him, making him an instrument of God's Will, He will benefit the whole area. Like this, the whole world will be saved.

Now He is showing you a rehearsal of how He will work. There is Radhe Shyam, there is Kali, Nandi Baba, etc. etc., they are all instruments which Babaji has prepared. He puts His representatives everywhere and through them He works out His plan without Himself going anywhere.

At the time of the battle of the Mahabharata, between the families of two brothers, the Kauravas and the Pandavas, it appeared to be a fight between two brothers, but it was really a fight between Righteousness and Unrighteousness. AT that time, God took the form of Lord Krishna and saved the world. He became the charioteer of Arjuna. He was seen as one who only handled the chariot of Arjuna but, in reality, He was directing all the fighting and inspiring all the warriors.

Like that, Shri Mahaprabhuji is putting His energies into and through His disciples, sitting in the hearts of His chosen disciples, guiding them for the benefit of the whole world.

Now we can compare these disciples with Arjuna. Actually, Baba is doing everything, making his disciples His instruments for the welfare of the whole world.

BHOLE BABA KI JAI!!!

9 JANUARY 1984

It is my request that the Health Department (of Hairakhan) should look after all the people here, so no one loses his good health. Considering the health of all the people, the Health Minister should take strong measures for their health. Everyone must accept this rule and go to the hospital when they are sick; and the doctors must also go and check and visit people.

You must all advance by taking good care of your health. The fact is, only by taking good care of your health can you gain success. The fact is, if your health is not good, how can you do your service? Taking care of your health is as important as any of the other duties of your life. It is your duty toward your body. If your body does not work, how will you function and advance?

10 JANUARY 1984

The fact is that all of you who have assembled here from foreign countries have done very hard work here. You have shown your devotion and courage toward God. You have increased the beauty of this place.

Shri Mahaprabhuji stresses Karma Yoga and states that this is the highest Yoga. All other Yogas can fructify only after your death, but Karma Yoga brings instant results to you.

I want, and many times I have told you, that it is the best thing to live your life with courage and bravery. You must be always active and hardworking. I have told you this before, also. I will give you liberation only through Karma, so you should not lag behind in your work. Be active and advance!

You must always encourage Karma Yoga. You have to progress through Karma Yoga. Through Karma only can all needs be fulfilled. We cannot make the world happy and peaceful without Karma Yoga (work). For the peace and happiness of the world, we have to practice Karma Yoga. Through Karma Yoga - working hard - you can bring peace, happiness, joy and contentment to the world. Idleness makes men slip backwards, lag behind. Karma is the highest and greatest thing...

JAI MAHAMAYA KI JAI!

11 JANUARY 1984

At evening Darshan, Shri Babaji invited Shammi Kapoor, Mahatmaji, to say something. Mahatmaji replied, "I have not come here to talk; I have come here to listen and learn." Shri Babaji looked around and then back at Mahatmaji and said, "All these people are yogis." So Mahatmaji began to speak.

"Just sitting here, I will give one experience of mine.

"The young, sweet boy who is now sitting in Baba's lap (Marco Reichel) was, two years ago, sitting in Baba's lap and Baba was always tossing him. I was constantly watching and saw Baba turning him upside down sometimes and then right side up, spinning him around. At that time, a great desire arose in me that I should be a child like him, so Baba can play with me.

The next day I was just sitting here when Baba came in. Baba beckoned to me with His hand - like this. I answered, 'Ji, Prahhu' and went up to Him and was about to prostrate myself before Him when He lifted me up and tossed me like a child and put me in His lap!

"That's the truth! (Shammi Kapoor is about 6'2" tall and weighs about 130 kilos.)

"If you have a sincere wish for anything, Baba fulfills it.

"The lap is the same but now the child in it is Isu. The lap will be the same but the child will always be changing. It is all the Grace of Shri Mahaprabhuji."..

20 JANUARY 1984..

The fact is, all of you have done very hard work here. You have made this place very happy and beautiful and it is also prosperous. Due to that, thousands of people are coming here and getting peace of mind. This is all the result of your Karma Yoga. In the near future, all of you will establish ashrams and centers throughout the world and do Karma Yoga there and create the same vibrations wherever you go.

All of you must learn spiritual healing - jhara-phunka - and make spiritual healing centers. By that means, many people in the world will get peace and happiness...

31 JANUARY 1984..

You must all have a firm determination. Even if total destruction comes or any great calamity comes, you must not be shaken from your determination. If there is a great flood, if fire breaks out - in any calamity - you must be so brave and determined that you would jump into fire or water. You must inspire others also to become brave and courageous. Only he who has courage is a true living being. One who has no courage is like a dead man, even though he lives. We have tightened our belts and taken a firm determination to do good to the world and uplift humanity. You must stick to this resolve with your full energy.

Calamities will fall not just on one country but on the whole universe; the whole universe is in danger. The terrible times which are approaching will engulf the whole world; the whole universe will be enveloped in this destruction. We must consider not only ourselves but also the whole of the universe. We can achieve anything in this world when we are hard working and industrious.

Because you must consider the whole universe, we should say "Jai Vishwa!" instead of "Jai Hind!" "Jai Hind" means "Victory to India" - "Jai Vishwa!" means "Victory to the whole Universe!"..

1 FEBRUARY 1984..

Morning

Shri Mahaprabhuji says Karma Yoga is the highest yoga. You are witnessing the effect of Karma Yoga in everything you see here. It is the effect of your Karma Yoga that I am sitting here. (Shri Babaji was sitting on the edge of a new garden recently built and planted.) This whole Company Bagh - Fakirabad - was built by your hands.

Karma Yoga is the only thing in this world which can change your fortune/fate. And it can change the geography of the world - where there is water you can make land; where there is earth, you can make water. In this Yuga (era), there is a great necessity for Karma. You should never lag behind in your Karma Yoga - the times demand it.

It is not I, but Time, which is talking through My mouth. Time is running on with great speed. All countries have raised their heads, with mouths open, like cobras, waiting for the opportunity to swallow each other. At this critical time, courage and bravery are needed. With your Karma Yoga, you must repeat the Name of God with your mouth.

I do not like dishonesty; I want everyone to be honest and dutiful. Everyone must do his duty correctly. You must know what you should do and be busy doing it. By Karma one will not fall but will always rise higher. That is why you should never be afraid of doing hard work. We must do everything according to the need of the times. No work is low or bad in this world if it is done in the right spirit. By Karma only can you advance. That is why a man should never hesitate to do any work. Whether it is high or low, big or small, no work is bad. Work is work.

Courage is life. One who has no courage is like a dead body. So My aim is to benefit the whole world - not just one individual or one country. JAI VISHWA!

All of you must be always ready and make efforts for universal good. You must help each other for that. You must always be prepared to do good acts and, wherever you live, you must organize weekly or monthly satsang (meetings for the Truth). Have large gatherings to discuss measures to be taken for the good of the whole world. Invite learned men and scientists; consult with them and take their advice. you must find ways and means to do universal good...

JAI MAHAMAYA KI JAI! JAI VISHWA!

4 FEBRUARY 1984..

Morning

All of you have done a lot of hard work here and are continuing to do it. The whole world will be benefitted by the hard work and Karma Yoga you have done in Hairakhan. People from all over the world who visit Hairakhan and see the hard work you have done are extremely pleased by your performance. They feel elevated and when they return they cite this as an example.

(At this point, Aarati was performed to Shri Babaji. After the Aarati, He continued). All the hard work you have done here is an education for the forthcoming creation. This is the greatest teaching for the generations to come. The battle you have waged with your hard work and devotion is a battle with Nature, and you all are changing Nature itself. This is a great teaching for the whole world because Karma Yoga is capable of achieving everything. The work you have done proves this. br> You can see for yourselves the achievements which you have made in this place through your hard work and Karma. By Karma (action) you can even change the geography and geology of the world; where there is water, you can create land, and vice versa. Karma is a very high form of yoga.

You have all witnessed the effect of Karma Yoga here and can see the changes from day to day. What is there today is not there on the next day. Everything is destruction; it only proves that Karma (activity) can change everything. You can even change your fate or destiny by sheer hard work.

All the great sages, saints, yogis and sannyasis that the world has seen and all the Messengers of God have achieved all that they did through hard work and Karma Yoga. Through Karma Yoga they changed Nature itself. Therefore, you must never be disappointed in life and you must

remember that what even God cannot achieve, you can achieve through hard work. Karma is a thing which can even change the course laid down by God.

When Karma Yoga is such a high thing, why don't you all adopt this as your practice? Karma Yoga can obtain for you all the happiness and the pleasures that you need. Anyone who is an active and hard working Karma Yogi has no problems in this world. To give up Karma and become lazy is the greatest problem and unhappiness - and also danger - that you can face in your life. That is why everybody must firmly tread the Path of Karma Yoga and stick to it no matter what happens.

You should seek advancement only through Karma Yoga. Everyone can attain courage and Shakti (power/energy) through Karma Yoga. Impossibilities can be turned into possibilities by sheer hard work. Therefore, all of us must progress and advance via the Path of Karma Yoga.

This is not only a matter regarding this place but wherever you go, or wherever you work, you must maintain this very standard because this is not only for Shri Mahaprabhuji that you do this hard work, it is for your own elevation and liberation. No matter what the Karma is, we must not turn away from it, because we have to meet the challenge of the coming times. If and when the time arises and we have to go to war, even then we must not turn back.

Therefore, all of you must adopt Karma as your dedicated Path and go forth in the world...

JAI RAM, SITA RAM, JAI JAI RAM!

5 FEBRUARY 1984..

Today is the 5th of February and the auspicious occasion of Basant Panchami\*. May all of you be blissful and happy.

You must attain peace, prosperity and happiness in your lives. ..

JAI MAHAMAYA KI JAI!..

\* A celebration of spring, a new growing season, at which time Puja is done with, and people wearing in their or over the ear, ten day old sprouts of specially planted grains. Om Namaha Shivaya

The following recollections of Babaji's statements on various subjects have been compiled by a devotee who spent nearly ten years in Shri Babaji's physical presence.

The Mantra:

The Lord's Name is like diving nectar (amrita); repeat it all the time.

OM NAMAHA SHIVAYA:

This is the Mahamantra, the great original mantra, given by the Lord to humanity. Everyone should repeat it. It can be given to everyone and everything can be achieved through it. The power of Om Namaha Shivaya is infinite. This mantra is more powerful than the atomic bomb.

Meditation:

In this dark age (Kali Yuga) the mind of man is weak and restless from the first day of birth. Because of this, no one is able to do the real practice of meditation anymore, but everyone can pray and repeat and chant the name of the Lord, using whichever divine name his religion teaches.

#### Yoga:

Everything can be yoga. Yoga literally means "union," as does the word religion. Work, action, worship are all forms of yoga. Meditation is the highest path of yoga, but very few are able to achieve true meditation.

#### Religion:

Every religion is equally good and leads to the same divine goal. It is wrong to speak of a Hindu Dharma (religion). The Dharma of India is the Sanatana Dharma (eternal, original religion).

#### Karma:

Karma is an inevitable law of cause and effect, by which all living beings reap the fruits of their actions and thoughts. Jesus stated the law of karma in the words "As ye sow, so shall ye reap." The law of karma is above all things. Karma starts when movement starts in the mind. To stop karma we must bring the mind to that state of silence and voidness beyond which God can be known. Only a yogi knows how to do this. Otherwise, as long as a man breathes, he is creating karma. No one can remain without action, even for a minute. Therefore, learn how to dedicate your every action to the Lord.

#### Knowledge:

Nothing can be achieved without knowledge and yet everything can be achieved just through a pure heart.

#### Worship:

The Lord is beyond name and form. No one is able to pretend to have reached this stage of realization. Worship remains an essential part of preparation and purification of the heart.

#### Discipline:

Nothing can be achieved without discipline. You should have the strong discipline of a soldier. Be the soldier of God, and act with courage and discipline. In this ashram and in the ashrams abroad, discipline is the primary thing. Life abroad should be led the same as it is in Hairakhan. To work and worship together is essential in life. One should follow a vegetarian diet, take no intoxicants, and have sex only between husband and wife.

#### Food:

Control and discipline in eating is essential. Food always influences the state of the mind. It is important to eat light, vegetarian food. Fasting is a great practice.

#### Marriage and Sex:

In this Kali Yuga almost no one has the strength to remain celibate. Although this is the best condition, marriage is better than undisciplined relations. Union between a man and woman with love can bring peace and help in spiritual practice.

#### Drugs:

Drugs are harmful and useless for any spiritual practice. Even tea and coffee are harmful.

#### Devotion:

Devotion (Bhakti) and faith are the basis of everything. Through devotion alone, one can achieve everything. Complete faith, surrender and obedience are required. "You can only know Me through love - Divine Love, love for God, without any selfish purpose."

#### About Himself:

I am Bhole Baba (the Simple Father). I am nobody and nothing. I am only like a mirror in which you can see yourself. I am like fire. Don't keep too far away or you will not get the warmth. But

don't get too near or you may burn yourself. Learn the right distance. My name is Maha Prabhujj (the Great Lord).

Can I Ask A Question?:

Every answer is in your own mind. Once here, questions are no longer needed. I will speak to you inside.

Mind:

Everything comes from the mind and is created by mind. Control of the mind is the main practice.

Speaking:

Speak as little as possible. Don't waste your time. Be concentrated all of the time on the Lord's Name.

The Physical Body:

One day your body will be burnt and reduced to ash; don't be attached to it. However, without a body no knowledge is possible, so use your body for God realization.

Thoughts:

Learn not to make projects and fantasies about your future. Forget your past and old habits. Learn how to concentrate your mind on the Divine only, here and now.

Hairakhan Vishwa Mahadham:

At the present time, this is the holiest religious place in the world, holier even than Benares. The water of this river (the Gautam Ganga) purifies you from all sins.

His Teachings:

When the time comes, I will reveal them. Now is the time for action. When I come to this world, of a million people who approach Me, only one is able to become my disciple.

Guru:

I am no one's Guru, but I am the Guru of gurus.

The Path:

The path of God realization is a most difficult one. Few are those who will walk it. It is as difficult as walking on the edge of a razor. The grace of the Guru is everything. No knowledge is possible without the Guru.

The Life Purpose:

Ask yourself what is your purpose in life and ask yourself why you have come here from so far. Be aware of the purpose of your coming here and strive for spiritual achievements.

Love:

Live here with love for each other, like members of one family. Discard jealousy and envy. Because you are all one, live here in peace. If you are in peace, I am in peace; if you have problems, I have problems.

Service:

To serve other people is the main duty of every human being. I Myself have come only to serve, to perform My duty. To be rally able to serve is the greatest thing.

Chanting:

Chant the name of the Lord always. By chanting the mantra, its vibrations spread all round you.

You will then meditate for yourself and others. By holy chants alone, I will lead and win any war in this world. Whatever happens, all the devotees of God will be saved by Divine Will.

**About The Coming Wars:**

Terrible calamities and wars are approaching in the world. After a lot of destruction, a new age of goodness will come. I myself have come to prepare the world for a new kingdom.

**On Non-Violence:**

The theory of non-violence has spoiled the mind and courage of people today. I am for fighting; fighting against the evil and crime everywhere, which should no longer be tolerated.

**Patience:**

Nothing is possible without patience on the spiritual path. See yourself as the child, who gradually learns to write in school.

**Liberation:**

I have come to give Liberation to all of you. I have come to give the Light.

**Renunciation:**

In this age it is not possible to renounce the world. The only practice of renunciation now is to offer all work and actions to the Lord. If you want God, be ready to devote everything to God.

**Where Is God:**

God is everywhere, in everything; in the water in the sky . . . He is inside you.

**What Is Truth?:**

Truth is One.

**Giving And Receiving:**

I have come to give, only to give. Are you ready to receive? I give everything, but few ask for the Real Thing I have come to give...

OM NAMAHA SHIVAYA BHOLE BABA KI JAI..

**JAI MAHAMAYA KI JAI!**

***Om Namah Shivaya***

The Teachings are on two pages. This is the second. [Click here](#) for the first part.